

**Lesson Overview:**

This Sunday we begin our series on Identity. In this series we will be looking at the fundamental fact that all our identity needs to be found in Christ first. Only when our core identity is found in Christ can we live, influence, and love those around us. This week's message titled "#twinning" focuses on the pressure we face to fit in and find our identity in people, stuff, status, job, talent. When we do this, it sets us up for pain and disappointment. Understanding the need for our identity to be found in Christ is the first step in developing a healthy identity.

Lesson Prep for Leaders:

Main Bible Passage: Judges 2: 6-19, Genesis 1:27

Questions for Leaders to ask yourself:

- How did your friends growing up impact you? How did they impact what you did, thought, and how you acted?
- Why do we allow our friends to impact us so much?
- What are the areas students can misplace their identity in?



Icebreaker (5 Min): Talk about 1 night and first Sunday last week. What were the cool parts of the weekend for the leader and the students?

Students Lead (5 Min): What areas can we find our identity? (Sports, Friends, Talents, Parents, Stuff, Etc.)

Discussion Questions (10 Min):

- Why is it important for you to find your identity first in Christ before everything else? What do you think are positive benefits of an identity founded in Christ?
- Where does the pressure to fit in come from? Why do you think we all struggle with this?
- What is the difference in an identity found in Christ and an identity found in other things? How can we reformat our identity on Christ?

Next Steps (2 Min): Come up with a way your small group can support each other during each week so that the pressure to fit in is easier to overcome. Maybe this is a text message group, or a DM group on Instagram.

Prayer (2 Min): Close your time in Prayer