



### **September 10 Lesson Overview:**

This Sunday we begin our series on dating and relationships, "I Think I like You...". In this series we will be looking to build a strong biblical foundation, equipping and preparing students to live in their current culture. This week we will look at the fundamentals of healthy dating relationships and a healthy Christian mindset towards dating and relationships. Through a strong foundation in Biblical truth, students will be able to enter the world and face the challenges surrounding dating and purity in a healthy way.

### **Lesson Prep for Leaders:**

Main Bible Passage: Ephesians 4:22-24, 2 Corinthians 6:14, 1 Corinthians 15:33, 1 Thessalonians 5:11, Hebrews 13:4a, Psalms 34:10

### **Questions for Leaders to ask yourself:**

- Why is developing healthy dating habits important for students as they grow up?
- How can you encourage students to have proper mindsets toward dating relationships?
- How have you seen dating relationships negatively impact people? What were the warning signs?
- How have you seen healthy dating relationships? Why were they healthy?



**Icebreaker** (5 Min): Ask students about 1night, what did they think about the evening? Who can they invite next time?

**Students Lead** (5 Min): How many of your friends are currently dating someone? How many of you have dated? How long do relationships usually last?

**Discussion Questions** (10 Min):

- What are signs of an unhealthy relationship? Why do you think these things happen?
- How can we all have healthy relationships when it comes to dating? Why have you seen relationships fail?
- Why is having healthy relationships when we date important?

**Next Steps** (2 Min): Have each student come up with a plan for how they can continue to grow in a healthy way. What do they need to personally face? What relationships have they seen in their lives they can learn from?

**Prayer** (2 Min): Close your time in Prayer.