

### **Lesson Overview:**

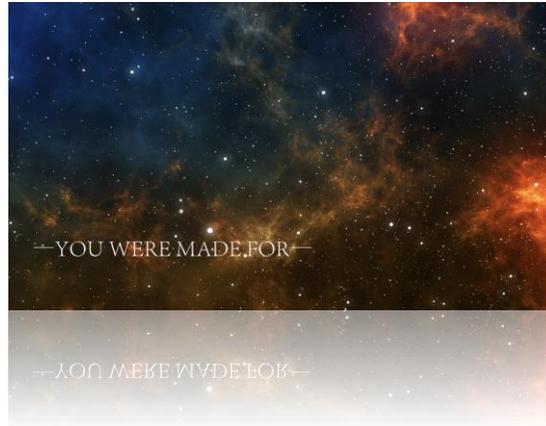
This week we continue our series “You Were Made For”. We will take time this month to develop the simple truth that we were created to be instruments of worship and live our lives in worship to God. This week we continue our conversation by looking at “The Mindset of Worship”. When we take time to focus on a great and powerful God who is present in our lives, it quickly brings into focus His majesty. Worship requires intentionality, it means for a short time we bring our full focus onto God. This allows us to take ourselves out of the equation and focus on an all-powerful, loving, full of grace Father who loves us. When we take this time, the result is transformative.

### **Lesson Prep for Leaders:**

Main Bible Passage: 2 Samuel 6, Romans 12:1-2

### **Questions for Leaders to ask yourself:**

- How was David able to lose himself in praise and worship to God? How can we put the stress of our day or the routine of church aside to focus on our all-powerful Father in heaven?
- How can we train our minds to be fully present during times of worship?
- What usually gets in the way of your worship God?



**Icebreaker** (5 Min): Ask Students about Slopfest this last Friday night. Who went? What happened?

**Students Lead** (5 Min): Ask students about worship services they have been in, what have been great times of worship? What have been boring times?

**Discussion Questions** (10 Min):

- What distractions can get in the way of each of us truly worshiping God?
- How can we focus 100% on God and develop a healthy mindset of daily worship?
- How can we as a small group and a Middle School Ministry develop a heart and passion for worship on Sunday and Wednesday nights?

**Next Steps** (2 Min): Take a few moments for check in with each student to see how their week of personal time with God went. Continue to encourage each student to take personal time this week for worship.

**Prayer** (2 Min): Close your time in Prayer.