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September 9 Jonah's Prayer

Lesson Prep for Leaders:

Main Bible Passages: Jonah 2:2-9

Prep Questions:

- What situation did Jonah find himself in when he prayed?
- How could Jonah end his prayer with praise?
- What are your takeaways from this prayer? How does this connect to you as a leader?



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Special Note: Please be in prayer for your conversation today and this month. We will focus our discussions which should lead to honest conversation. Pray before your breakout and ask students to be honest during the conversation.

Breakout discussion (20 Min):

- Read Jonah 2:2-9 again as a group. Have as many students follow along as possible, on their phones or in their bibles.
- What situation did Jonah find himself in when he prayed? Why do you think he was able to finish his prayer the way he did in verse 9?
- What emotions come through in Jonah's prayer. Talk about a time you have felt this way?
- How can we find the same resolution that Jonah found in the stomach of a fish?

Next Steps (5 Min): Take time to pray for the students in the breakout group. Have groups write down prayer requests. Figure out a follow up plan as a group. Empower students to follow up with other students this week.

Prayer (2 Min) Take requests and pray for them. Have everyone write them down.

